

**Warrensburg Parks and Recreation**

**Board Meeting Minutes**

February 23, 2022

**Call to Order**

Erica Collins called to order the regular meeting of the Warrensburg Parks and Recreation Board at 7:04 PM on February 23, 2022 at the Parks and Recreation Department, 445 E. Gay Street.

**1) Roll Call**

Alex Threlkeld conducted a roll call. The following members were present: Erica Collins, Dan Baldrige, Jessica Caldwell, Jason Duffey, Shawnacy Johnson

The following members were absent: none

Others in attendance were:

Danielle Fesler, Director of Warrensburg Parks & Recreation (WPR)

Alex Threlkeld, WPR, Recreation Superintendent

Jeff Imboden, WPR, Business and Information Specialist

Carrie Battles, WPR, Office Manager

Brooke Brown, WPR, Recreation Supervisor of Fitness

Josh Roglon, WPR, Recreation Supervisor of Sports

Scott Holmberg, Mayor

**2) Approval of Agenda**

Dan Baldrige moved to approve the amended Agenda. Shawnacy Johnson seconded. Erica Collins – Yes, Dan Baldrige – Yes, Jessica Caldwell – Yes, Jason Duffey – Yes, Shawnacy Johnson – Yes. Agenda approved 5-0.

**3) Approval of Minutes**

Approval of the January 26, 2022 Regular Meeting Minutes tabled.

**4) Announcements** – Danielle Fesler stated going forward the Park Board meeting procedure for voting will be individual.

**5) Committee Reports**

- a) Finance Committee Report – Dan Baldrige reported everything is on track, everything is going well, no major discussions
- b) Master Plan Committee Report – did not meet

- c) Building & Grounds Committee Report – Jessica Caldwell reported Christian Schoolcraft was hired as the new Park Operations Superintendent, Danielle Fesler and Danielle Dulin have discussed adding a walking path on UCM’s side of hail lake road, still working on Hawthorne Park playground surfacing, received Explorer and waiting for last truck to come in, met with Midwest Pool Management, lift chair in the indoor pool was having issues waiting on replacement – may have to replace with Nassif’s chair until the new one comes in, switching to something else than chlorine tablets since prices have went up since 2020, getting added to the City’s bid for chip and seal project for the Community Center parking lot, Danielle Fesler working on mowing contract to mow everything except for Grover Park.

Erica Collins asked about the walking trail at Lion’s Lake. Danielle Fesler stated on the South side there is no walking path on Hale Lake road. That side of the road is property of University of Central Missouri. Danielle Fesler discussed this with Danielle Dulin and Dulin said she would talk to Dr. Best.

- d) Recreation Committee Report – Jessica Caldwell reported outside team policy was discussed, spreading out basketball seasons next year possibly have Bidy Basketball starting early and adult men’s league start later
- e) Administration Committee Report – Dan Baldrige reported after school funding, issue with coach at youth basketball game

## **6) New Business**

- a) National Exercise Trainers Association (NETA) Presentation – Brooke Brown presented on her currently earned certification. WPR hosted a training course on January 8-9. The first day was specifically for group exercise training which was a 10 hour training. Training topics included:

- Role of a Fitness Professional
- Communication – Relationship Building
- Behavioral Change & Motivation
- Human Anatomy, Kinesiology & Biomechanics
- Exercise Physiology
- Nutrients & Dietary Guidelines
- Programming for Cardiorespiratory, Muscular, Flexibility Fitness
- Group Exercise Format & Teaching

- Injury Management, Emergency Response, Medical Conditions & Special Populations

Brooke Brown stated after the class they had two hours to take the exam. She holds the certification for two years and take 20 continuing education credits. On the second day she attended the Nutrition Coach class. Training topics included:

- 6 Essential Nutrients
- Dietary Guidelines for Americans
- Dietary Supplements
- Behavior Change
- Motivational Interviewing
- Scope of Practice

Brooke Brown added she will be working with the NETA Board on March 4-5 on the standard setting panel. It will be a volunteer group of NETA certified fitness professionals. They will rate the difficulty on the new exam form. These will be on Zoom meetings with Dr. Henderson and will be going over in-person independent tasks. Being apart of the panel gives Brooke a credit for each hour of volunteering and waive the \$65 renewal fee.

b) Inclusive Play Presentation – Danielle Fesler presented the benefits of inclusive play. Topics included:

- Benefits of Play
- Skills Learned in Play
  - Sensory
  - Motor
  - Strength
  - Cognitive
  - Social/Emotional
- Elements of Inclusive Playgrounds
  - Accessible Safety Surfacing
  - Modified Equipment
  - Sliding, Climbing, Crawling
  - Tactile, Auditory, Visual

c) Digital Sign Discussion – Jeff Imboden presented potential options for the digital sign that is currently in front of the Community Center. He stated the current sign was built in 1997 with current panel LEDs that are 13 years old.

The Board discussed options of keeping the current structure of the sign and replacing the digital sign. The Board also discussed sponsorship options, pricing, and additional signage.

## **7) Unfinished Business**

## **8) Director's Report**

- a) Danielle Fesler stated next week Jeff, Carrie, Alex and herself will be at the Missouri Parks and Recreation Association Conference in Springfield, MO
- b) Carrie Battles reported she has been working on summer planning, pool schedules, updating rental prices go live March 1
- c) Alex Threlkeld reported recreation team is getting ready for the Community Job Fair with currently 15 employers registered and still have 10 more open booths, all of our summer positions have opened, Danielle Fesler and Alex met with RISE and JCBS about taking on adaptive sports starting this summer with slow-pitch softball, her and Josh Roglon are working on a Thank You for volunteer coaches with a possible pool party
- d) Brooke Brown reported Home School PE sessions are currently full, adult pickleball league begins in March, attended radio show, updating personal training packet, hired Jessica Grant as exercise instructor, planning for summer staffing needs

Dan Baldrige asked how the aquacise class is looking. Danielle Fesler stated we currently have an instructor for Monday-Thursday, just not Friday. Brooke stated Michelle Long is teaching for as long as she can until her personal business is opening. Dan asked if it is still well attended. Brooke stated there is usually 16+ daily.

## **9) Appearances to the Park Board not listed on the Agenda – none**

## **10) Park Board Members Comments**

- a) Shawnacy Johnson asked if there were thoughts about the last meeting concerning perception specifically targeting the YES center. He stated there is a huge problem in perception.

Erica Collins stated she has given it a lot of thought. She stated she would reserve comment at this time and perception is important across the board. She stated

there will be a lot of good and positive changes and policy changes we can make and feels strongly about changes that would benefit the community at large.

Dan Baldrige stated he has done nothing but think about it. He stated with both interactions with YES it has been implied decisions have been made based on race. He added, if that is the perception - it is unfair, and if they have strong feelings, he encourages them to get involved and come to meetings more.

Shawnacy Johnson stated everyone who was kicked out at the time looked like him. He stated that was a fact. From his perspective, there has been a history of labeling particularly the black man as menacing and with this recent incident there were reports of people being threatened and "afraid". If that's the case that someone was threatened let's deal with those individuals if no one was threatened, then let's not make those blanket statements.

Dan Baldrige stated that this is so far off target. He added we also had a coach this last week that received disciplinary action and Dan is not aware of what his race is either. He stated the blanket labeling is offensive.

Erica Collins added that not everyone's perception cannot be controlled, and you can't please everyone all the time. She added, it is fact most of the individuals that participate in YES, as Shawnacy put it – they look like you, what is not fact is that at any point in time YES was kicked out due to anything other what was said at the time and those records can be looked at. Erica stated the work that we do is through policy and focus on what is equitable and what is fair and what is in the best interest of the community.

Shawnacy Johnson stated when there is perception, we have to address that perception. If perception is based on things we need to explore to become better then we need to explore those things.

Erica Collins asked Shawnacy what exploration looks like to him at this point.

Shawnacy Johnson stated we can sit down and discuss those perceptions.

Erica Collins stated if you have an idea of how to consider those perceptions to please share those. She added that from her perspective, it has nothing to do with race it has everything to do with equity and applying to policy equally to

everybody.

**11) Adjournment**

Dan Baldrige moved to adjourn. Shawnacy Johnson seconded. The meeting adjourned at 8:21PM.

Alex Threlkeld conducted a roll call. The following members were present: Erica Collins, Dan Baldrige, Jessica Caldwell, Jason Duffey, Shawnacy Johnson

The following members were absent: none

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Erica Collins, President

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Submitted by Alex Threlkeld